1: Nadel E-5 (1934-1936) 1942
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This reluctance must be regarded as one of the main factors responsible for the growth of the institution of 'borrowing land', which we have described in the preceding chapter.

Sowing and Planting

The Nupe, possessing an elaborate calendar system which works with six seasons and twelve lunar months, have no difficulty in determining the coming of the rainy season. Besides, they regard the appearance (in April) of a small red insect, which is significantly called *gbama*, 'early rains', as a sign of the approaching rains. The first light showers, which as a rule are accompanied by thunderstorms, are ignored. After the first heavy rain, which may last for several hours or a whole night, has thoroughly softened the soil, village and town spring into activity. In the morning after the rain you will see the people wandering out to their fields. They walk in groups, neighbours or families together, fathers with their boys. Dogs trot behind their masters, and often a man or boy will lead a goat which will then feed on leaves and shrubs on the field. The men wear working dress: a loin-cloth and, if it is cold, a heavier cloth slung round the shoulders, and a straw hat as protection from the sun. They carry their hoe over the shoulder, and gourds with water, food and seeds, over the arm. In many parts farmers carry their bows and arrows with them when they go out to their fields as 'protection from wild beasts'—a habit which is dying out but slowly, although there is hardly any need for it to-day. I have never seen these weapons used.

The nature of the first farming activity depends on whether or not the farmer has done what 'good' farmers are expected to do, namely, planted his yams already in the rains, immediately after the harvest. If he has not done so he will now at once start preparing his yam field; if he has, he is free to turn his attention to the planting of bulrush-millet and maize. Of five farmers whose daily activities I was recording in Mokwa, three had planted yam in the rainy season and two (who both had to work single-handed) waited until the beginning of the new farming season. With the 'good' farmer, we will start with the planting of millet.

Again there are certain variations. Where millet and sorghum are planted as successive crops no hoeing or re-hoeing as a rule precedes the planting; as we shall see later the plots are normally prepared during the previous season. Where millet and sorghum are planted after other first-year crops or on a new plot, ridging, occupying the first few days of the new season, precedes the sowing. The technique of planting, moreover, varies slightly according to whether one plants on mounds or ridges, but is the same for both millet varieties and for sorghum. I will now describe the scene one will meet on the Nupe fields when planting is in progress. The farmer has divested himself of his superfluous clothing, his food and water gourds, and has placed his things out of the way, under a shady tree. Perhaps he has his small boys with him, whom he lets play by themselves in a corner of the field while he goes on with his work. Tied to his left arm the planter carries the seeds in a small